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Research Article

**ADMINISTER AND VALIDATE A LIST OF COMPETENCIES,  
FOR SELF-ASSESSMENT BY MEDICAL STUDENTS OF THEIR  
CONFIDENCE IN HANDLING OBSTETRICS AND  
GYNECOLOGY**<sup>1</sup>Dr. Shehreen Khan, <sup>2</sup>Aneeza Razaqat, <sup>2</sup>Muhammad Hammad Joya<sup>1</sup>Government City Dispensary D Type Colony Faisalabad, <sup>2</sup>Jinnah Hospital Lahore**Article Received:** October 2020    **Accepted:** November 2020    **Published:** December 2020**Abstract:**

**Aim:** Clinical capabilities in obstetrics and gynecology have not been plainly characterized for Australian clinical understudies, the developing quantities of which may affect clinical educating. Our point was to regulate and approve a capabilities list, for self-assessment by clinical understudies of their certainty to oversee basic clinical errands in obstetrics and gynecology; to assess understudies' perspectives on course changes that may come about because of expanding class sizes.

**Methods:** A draft rundown of abilities was peer-surveyed, and examined at two understudy center gatherings. The resultant list was directed as a component of the 83 thing on the web overview. Our current research was conducted at Jinnah Hospital, Lahore from October 2019 to September 2020.

**Results:** Sixty-eight per cent (N=175) of qualified individuals completed the overview. Most respondents (76.9%) agreed or strongly agreed that they felt certain and well prepared to perceive and monitor generally normal and important obstetrical and gynecological conditions. Certainty was more important for women and for those who scored higher on the assessment. The free-text information includes explanations for the lack of clinical experience that may affect the apparent certainty.

**Conclusion:** The report posting abilities for clinical understudies and instructors is helpful for conversations around a public educational plan in obstetrics and gynecology in clinical schools, including the best techniques for conveyance, especially with regards to expanding understudy numbers.

**Keywords:** Administer, Validate, Self-assessment, Gynecology.

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**INTRODUCTION:**

While it is well established that the certified clinical specialist must have information and skills related to women's well-being [1]. While competency maps have been created for the preparation of experts, the expected capabilities have not been well characterized for clinical understudies [2]. Efforts have been made in the United States to recognize the needs of learning destinations in obstetrics and gynecology. In Australia, efforts have been made to characterize a central public topic in women's health. Nevertheless, there is a lack of a public education plan for clinical schools in Australia, in obstetrics and gynecology as in other areas of strength [3]. The Australian Junior Doctors' Curriculum System defines the information and skills expected of a junior specialist, as dictated by the Postgraduate Medical Education Council, which excludes experts in obstetrics and gynecology. The capabilities of this framework broadly cover all clinical controls. Apparently, the report is not detailed enough to go beyond the scope of a pre-university training manual in obstetrics and gynecology [4]. In addition, patients have more intense and more limited emergency clinical stays, making the discovery of quality clinical situations progressively problematic. An additional burden for many clinical schools from afar is the introduction of human-sized classes, a test which is not new and whose effect was described in time as in 1978. In addition, clinical situations are not only necessary for clinical understudies, but also for other learners with welfare skills, such as nurse and birth assistant understudies, which means that there could be rivalry for admission to the clinical introduction [5].

**METHODOLOGY:**

With respect to the normal competencies of the AJDF and our current educational plan, a draft exam has been developed to obtain information on how a person feels they have been prepared through their training to play the expected roles/systems at the assistant level. Our current research was conducted at Jinnah Hospital, Lahore from October 2019 to September 2020. We characterized this as follows: "While thinking about appropriate responses, the wish is that you are able to

behave like an understudy on the first day of his/her first connection (e.g. to the crisis division)". The draft review was analyzed by ten experts in obstetrics and gynecology and one neonatologist, who were actually engaged in the clinical practice and instruction of clinical understudies, and who made comments and recommended rises and changes. This meeting also provided an opportunity to determine, where important, the wishes of the staff as to the level of performance to be achieved for particular companies or situations. These wishes were coded as follows: green = staff are expected to work freely without direct management, orange = staff are expected to have the opportunity to accept the assignment under direct supervision, red = staff are expected to have the opportunity to present the assignment as such. To reinforce the legitimacy and acceptability of the supervision instrument, trainees who had completed their training in reproductive health were contacted to take an interest in a center meeting led by a scientist who is not associated with school-based clinical teaching. An announcement was circulated to all grade 5 and 6 understudies to solicit their support in one of two center gatherings involving 8 understudies to review their responses, meetings, and perspectives on the clinical training they had received in human reproductive health. We sought all understudies with a combination of perspectives, for example, those who preferred or benefited and those who disliked or did not benefit from the tour. We looked for volunteers with an indigenous foundation, a rural foundation, or international understudies, in order to obtain a wide range of perspectives. Members were contacted to complete the online survey before going to the meeting. They were asked to consider the extent to which the overview reflected their teaching and learning encounters in obstetrics and gynecology, and especially whether important skills or information had been overlooked. They also commented on other elements that they felt should be included. In addition, they received information on their observations regarding the shift in human reproductive health. To motivate them to take an interest in the issue, all volunteers participated in a draw for a \$200 blessing voucher donated by a major retail chain.

Figure 1:

Consistent with my level of responsibility I feel confident and well equipped to recognise and where necessary manage the following obstetrical conditions or presentations:	Percentage broad agreement	Faculty expectations
Breast feeding attachment difficulties	34.4	Red
Puerperal pyrexia	50.3	Orange
Puerperal mastitis or breast abscess	52.6	Orange
Normal lactation	58.7	Orange
Third trimester bleeding	72.3	Orange
Preterm labour	74	Orange
Severe pre-eclampsia	79.4	Orange
Postpartum haemorrhage	81.9	Orange
Ordering an interpreting routine antenatal screening tests	83.2	Green
Term labour	85.6	Green
Common antenatal problems e.g. hypertension, diabetes, fetal growth anomalies	88.4	Orange
Clinical assessment of mother and fetus in a normal pregnancy	89	Green

The percentage of respondents who agreed or strongly agreed with the statement is shown (percentage broad agreement). In column 3, the expectations of our faculty are colour-coded: green = expected to function independently without direct supervision, orange = expected to be able to undertake the task under direct supervision, red = expected to be able to describe the task only.

received confidence in management of 12 common antenatal or postnatal scenarios

Table 1:

<b>I feel confident and well equipped to take a history in the following emergency presentations:</b>	<b>Percentage broad agreement</b>
Abdominal pain in late pregnancy	82.1
Vaginal bleeding in late pregnancy	84
Vaginal bleeding in early pregnancy	88.3
Acute abdominal/pelvic pain in a young woman	93.3
<b>I feel confident and well equipped to take a history in the following conditions or presentations to an outpatient or GP clinic:</b>	
Violence or sexual abuse	40
Premenstrual tension	45.3
Chronic pelvic pain	60.9
Dyspareunia	61.7
Infertility	64.6
Vaginal prolapse	70.4
Unplanned pregnancy	72
PCOS/hyperandrogenism	73.1
Urinary incontinence	75.7
Vaginal discharge	77.3
Sexually transmitted infections	82.6
Abnormal menstruation	82.7
Amenorrhea	83.3
A request for contraception	83.8
Menopausal symptoms	86.9
Postmenopausal bleeding	87.6

The percentage of respondents who agreed or strongly agreed with the statement is shown (percentage broad agreement). The expectation of our faculty was that students should be competent in history taking in all of the presentations listed.

**RESULTS:**

The review was completed by 69% (n = 174) of the 280 clinical understudies (59.3% female) who were enrolled. Five studies (3.8%) were fragmented. 59% (n=102) of study respondents were women. The 5-point Likert reactions were trichotomies (agree and unequivocally agree = positive reactions; unbiased; different and strongly different = negative reactions) and the range of positive reactions represented for each statement. 22% of respondents (n = 39) were intrigued by a vocation in obstetrics and gynecology. The dominant proportion of understudies (76.9%, n = 125) agreed or strongly agreed with the explanation that they felt safe and well prepared to perceive and supervise generally normal and significant obstetrical and gynecological conditions. In any case, 8.8% (n = 15) of pre-service students disagreed or strongly disagreed with this idea; furthermore, 17.6% (n = 29)

were uncertain. The level of certainty is not related to the level of year (5 or 6) or the area of the clinic where the HRH tour was adopted. There was no relationship between having an interest in obstetrics and gynecology and the general certainty of perceiving, moreover, supervising generally normal and significant obstetrical and, moreover, gynecological conditions. In any case, the evaluations (A, B, C or D) obtained by graduate students for their Obstetrics and Gynecology course were related with greater certainty (Fishers' Final Test,  $p = 0.002$ ), with 89.7% of graduate students with an A evaluation agreeing or agreeing unequivocally with the certainty they had. Males were generally less certain than females of administering normal and significant obstetrical and gynecological conditions (chi-square = 12.7,  $df = 2$ ,  $p = 0.005$ ).

**Table 2:**

EPA categories	Descriptions
Family history	Elicit, document, and act on relevant family history pertinent to the patient's clinical status
Genomic testing	Use genomic testing to guide patient management
Patient treatment based on genomic results	Use genomic information to make treatment decisions
Somatic genomics	Use genomic information to guide the diagnosis and management of cancer and other disorders involving somatic genetic changes
Microbial genomic information	Use genomic tests that identify microbial contributors to human health and disease as well as genomic tests that guide therapeutics in infectious diseases

**DISCUSSION:**

The key points of this exploration were to create, approve and, moreover, monitor an online examination for the self-assessment by senior clinical students of their confidence in supervising regular clinical questions and assignments in obstetrics and, moreover, gynecology [6]. The report that was presented, which was based on our current training program and referred to the framework of the curriculum for young Australian doctors, and which was subsequently endorsed by the masterminds and understudies at the center's meetings, proved to be valuable in recognizing the strengths and weaknesses of the regions [7]. The archive has been used by our staff in their survey of the clinical capacity of the center as part of the course, and may be a useful reason for improving the clinical capacity of the public center in obstetrics and gynecology [8]. Organizing a list of the expected capabilities of the center at the beginning of a tour could be beneficial so that understudy students can check them and raise their chances of gaining clinical experience [9]. In addition, instructors and clinicians can refer to these capabilities when planning revolutions, developing an educational

program, and defining evaluations. This methodology is generally used in clinical teaching [10].

**CONCLUSION:**

A registry that lists the capabilities of the centers for clinical understudies and instructors is an important tool. An improvement of this tool would be valuable and could facilitate discussions on a public education plan in obstetrics and gynecology in clinical schools, including best transmission techniques, especially in the specific case of rising numbers of understudies.

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