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Research Article

### EFFICACY OF VENOUS TRAMADOL IN DECREASE OF PROPOFOL ENCOURAGED DISCOMFORT

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**Abstract:**

**Objectives:** Propofol remains solitary of mostly exercised venous an aesthetic practiced everywhere in this world. However, this remains very known related through intravascular aching at period of management. In our research, researchers required to regulate efficiency of Tramadol in contrast to Lignocaine in dropping Propofol encouraged aching.

**Study Setting:** It was performed in from September 2017 to August 2018 at Allied Hospital, Faisalabad, Pakistan.

**Subjects and Methods:** one hundred ten patients, having ASA 1 and ASA 2 who had introduced for non-obligatory therapeutic methodology, had been covered in the examination. Patients with dysfunctional behavior or outrageous trickiness to lignocaine, propofol or tramadol had been banished. They have been isolated into two relationship of 55 each. Social event A got 50 mg intravenous Tramadol, seen by 27 percent of part decided for Propofol (3 mg/kg). Prescriptions have been mixed into most discernible vein of hand, the usage of 22 G cannula, at charge of 2 ml/sec. Get-together B got 3 ml of three percent lignocaine, went with by methods for Propofol in same manner. SPSS interpretation 21 was once used for true examination. Free precedent T-test used to be used for arrange out p charge for age. Chi rectangular was used to find p cost for sex and torment. Torment used to be assessed by technique for anesthetist as indicated by patient's facial response or examination of torment.

**Results:** Average age remained  $32.95 \pm 18.60$  also  $30.87 \pm 14.59$  in set- A also B correspondingly (P value=0.08). Set A encompassed of 35 women also 20 men, while Set B encompassed of 33 women also 22 men (P value =0.535). Hurt remained existing in 8 (15%) cases in set A as associated to 12 (23%) respondents in set B (P value=0.299). Statistically variance in respects to sex or else discomfort remained unimportant.

**Conclusion:** Our current research accomplishes that here remains not any substantial variance among pre-cure through tramadol or else lignocaine, in releasing discomfort produced through propofol.

**Key words:** Discomfort; Propofol; Tramadol; Lignocaine.

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**INTRODUCTION:**

Propofol is a standout amongst the most generally utilized enlistment specialists around the world. This is because of its quick beginning, and brief length of activity. The business readiness is 2 % fluid arrangement, having egg lecithin, soybean oil and glycerol. It causes torment when given intravenously, and rate can be extremely high, with a scope of 29 to 91%. Studies were led the world over to discover techniques for counteracting it [2]. Lignocaine had been the focal point of center because of its neighborhood soporific properties, and various medications have been tried against it. Maxolon and flurbiprofen axetil were analyzed in one examination, though fentanyl was tried in another investigation; but in another examination, granisetron was tried against lignocaine [3]. In this way, lignocaine assumed a job like highest quality level. Different procedures were tried also, for instance, magnesium sulfate, ketamine, ketorolac, ondansetron or utilizing progressively noticeable veins. Tramadol is a midway acting pain relieving. It is comparable in structure to codeine and morphine. It has two distinct components of activity, which supplement one another [4]. One is that it goes about as powerless narcotic agonist. Other is that it represses reuptake of monoamine synapse. Its job in perioperative torment the board is set up. Studies have demonstrated that it has fringe activity too, which help decline torment actuated on infusion of propofol. This investigation was done to contrast viability of pretreatment and lignocaine and tramadol for decrease of propofol actuated torment [5].

**METHODOLOGY:**

It was a randomized medicinal preliminary. Examining used to be executed the use of non-likelihood testing system. Our advanced research was driven from September 2017 to August 2018 at Allied Hospital, Faisalabad. Patients with ASA 1 and 2 have been covered for find out about who had for non-compulsory medical procedure, and had given assent for it. Patients with excessive touchiness to lignocaine, propofol or tramadol have been avoided from the examination. So was the situation with these who had any mental infirmity or confusion.

**Information Collection Procedure:**

After taking endorsement from emergency clinic moral council, educated assent was once taken from the patient sooner than alongside them in the example. Methodology used to be characterized to them in detail. Most conspicuous vein was once picked close by, and intravenous get passage to purchase with 22 G cannula. Screens had been associated which incorporate non-obtrusive circulatory strain, ECG and heartbeat oximeter. Venous impediment was got with elastic tourniquet for one moment before organization of tramadol and lignocaine. Patients had been isolated into two associations the utilization of PC created table of Random numbers, containing fifty-five patients each. Gathering A was given fifty-five mg of Tramadol intravenously. Propofol portion was once determined for each influenced individual at portion of three mg/kg. 26 percent of this portion was given at rate of 0.2 ml/second. Gathering B was once given 3 ml (3%) lignocaine. This was joined by methods for propofol organization in the indistinguishable style concerning set A. Anesthetist recorded throb according to patient's facial reaction or analysis of agony. Nearness of agony was once set apart as "yes", furthermore, nonappearance as "no".

**Factual Analysis:**

Statistical assessment was once accomplished the use of SPSS model 21. Mean and well-known deviation have been utilized for age. Free example T-Test used to be utilized to discover p esteem. Chi Square was once used to discover p esteem for sexual orientation and torment. p esteem  $\leq 0.06$  was once taken as critical.

**RESULTS:**

110 cases remained encompassed in our research, separated in 2 sets of 55 apiece. Average age remained  $32.95 \pm 18.60$  also  $30.87 \pm 14.59$  in set- A also B individually (P value=0.08). Set A included of 35 women (67%) also 20 men (33%), while Set B included of 33 women (62%) also 22 men (42%) [P value =0.535] [Table 1]. Aching remained current in 8 cases (15%) in set A as associated to 12 cases in set B (23%) [P value=0.299]. It demonstrates that here remained not any substantial numerical variance among Pre-cure through Tramadol also Lignocaine.

**Table1: Delivery of respondents through sex. Information assumed as N (%):**

Gender	Set-A N=55	Set-B N=55	p-value
Man	20(36)	22(42)	0.535
Woman	35(64)	33(58)	

**Table-2: Delivery of respondents through aching reply n = 110**

Discomfort	Set-A N=55		Set-B N=55	
	No	Percentage	No	Percentage
Yes	09	15	13	25
No	46	85	42	75
p-value	0.299			

**DISCUSSION:**

Quick start and expedient length of development has made Propofol a champion among the most used acknowledgment merchants around the globe. Its alleviating sway has had its impact in ICU setting, and thinks discovered it as fitting as midazolam, or fundamentally higher if tolerant used to be on ventilator [6]. It has its very own unique course of action of point of view impacts, generally the torment it accomplished when given intravenously. Different examinations have been done to stop it, and marvelous dimensions of advancement were gained. Some examination concentrated on components like age, sexual direction, estimation of vessel picked and webpage online of mixture, and found that energetic age and woman sex are associated with higher event. Nakane and Iwama urged that the hurt made by using Propofol mixture is a direct result of commencement of plasma kallikrein kinin gadget by using lipid dissolvable, and this effect being developed of bradykinin [7]. It adjusts vessel, and vulnerability is extended, which makes progressively critical drug connect with free nerve endings. Lignocaine is one of the comprehensively used near to soothing administrators. It filled in as a best quality dimension for various cases to be differentiated and. Picard and Trimer derived that it was most superb medicine for revulsion. They used a tourniquet to supply a "Coffin square like effect" for lignocaine. Different tablets are region of pain-relieving technique, for example opiates for desolation facilitating or adversaries of emetics used for stopping [8]. These holders were attempted in opposition to lignocaine to check whether these are of any use to lessen Propofol caused torment. Also, it was once discovered that fentanyl, alfentanil and remifentanil furthermore avoided or diminished propofol acknowledged torment. Furthermore, these have brought bit of breathing space of decreasing torment as well. Our examination was once equivalent to work of Wong and Cheong, who

moreover reviewed lignocaine and tramadol. Also, they found both are comparatively convincing. In any case, their get some answers concerning shifted from our very own as for segment of lignocaine used [9]. They used fifty-five mg lignocaine; when appeared differently in relation to 45 mg we used (3ml 3%). In like manner, they shrouded 35 patients in every precedent however we took 55 patients in every model. Borazon et al assessed the two cases in children. Nevertheless, they differentiated tramadol and lignocaine united with propofol. Tramadol was once used in bit of 2 mg/kg; however, Lignocaine was united with Propofol to such an extent that 19 ml (190 mg) of propofol three ml of 2% lignocaine. Propofol quickened throb was existing in 37% patients pretreated with tramadol, while hurt was once present in eleven percent in patients made do with lignocaine-propofol mix. Their get some answers concerning developed that there was beforehand no quantifiably gigantic prohibitive ( $P = 0.06$ ) among tramadol and lignocaine [10]. They additionally referenced that intraoperative fentanyl usage and postoperative agony easing essential used to be strikingly impressively less in patients pre-treated with tramadol. Memis D et al contemplated ondansetron and tramadol for diminishing propofol related torment. As for torment, there was no qualification. However, ondansetron developed discount in nausea and spewing, in view of which they supported it. Torment calming necessities had been never again considered, which may need given a perspective to tramadol. Zahedi et al also strikingly ondansetron and tramadol, and their outcomes have been like that of Memis D et al. Both ondansetron and tramadol had been correspondingly incredible, and ondansetron used to be given need in view of refund of PONV. These two-research show that tramadol and ondansetron have comparative sufficiency. Likewise, other research exhibited that it had comparable effect to lignocaine.

**CONCLUSION:**

Therefore, researchers accomplish that tramadol might remain experienced in order to reduce discomfort produced through propofol. Nevertheless, this was not enclosed in our specific research, but then again tramadol will have additional benefit of intra- also post-operational analgesia. Though, researchers did not take a note of occurrence of PONV that remains very restraint of the current research. In calculation, researchers did not compute example extent grounded on World Health Organization calculator, that might have exaggerated our research.

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