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Research Article

**ATTITUDE AND PRACTICE OF USING ANTIBIOTICS
AMONG DENTISTS IN RIYADH CITY****Mayson Abdullah Alqarni¹, Fahad Ammar Alqahtani¹, Dhaifallah Almutairi², Nasser Aldajani², Mohammed Alshakhs², Abdullah Ayidh A Alotaibi².**¹Dental Students, collage of dentistry, King Saud university, Riyadh.² Dental Students, collage of dentistry, Riyadh Elm university, Riyadh.**Article Received: January 2020 Accepted: February 2020 Published: March 2020****Abstract:**

Introduction: Inappropriate use of antibiotics not only drives antibiotic resistance and misuses resources but also increases the risk of potentially fatal reactions and exposes people to unnecessary side effects and unfavorable outcomes ranging from gastrointestinal disturbances to fatal anaphylactic shock. In developed countries, surveys about general dental practitioners' prescribing habits have raised awareness of the quality of prescriptions of antibiotics. Whilst some surveys have emphasized that dental prescriptions do not follow clinical guidelines, other authors have concluded that there is a lack of scientific information about appropriate and efficient prescription of proper antibiotic. Also, Dental pharmacotherapeutic field is in continuous change especially in the recent years, this fact necessitates constant update in dental practitioners' knowledge about new drugs, drug interactions, and useful therapeutic trends.

Methods: We have conducted a descriptive cross-sectional study among dentists and dental trainee in Riyadh city. The questionnaire required information about antibiotic prescription habits, knowledge about preventive majors of dental infection, and followed approaches in dental emergencies. Data collected through distribution of online filled questionnaire. The participants filled the questionnaire online then resent it again to the researcher. Collected data verified and coded before its entry to Statistical Package for the Social Science (SPSS).

Results: Participants classified into categories by age: from 20 to 24 years (30.9%), from 25 to 30 years (53.9%), from 31 to 35 years (8.6%) and above 35 years (6.6%). More than half of participants were Dental graduates (56.4%), (37%) were students and Interns, (6.2%) were with Master/ Diploma and only one of them with PhD (.4%). The majority of participants prescribed antibiotic for acute apical abscess (72.8%), on the other hand, less than half of participants (45.7%) prescribed antibiotics for acute apical abscess without systemic involvement, and nearly two thirds (65.4%) of participants prescribed antibiotic for medically compromised patient after tooth extraction.

Conclusion: It is worrying that, most dental practitioners do not perform a proper microbial sensitivity before selecting an antibiotic as a supplementary periodontal treatment, which result in prescribing broad spectrum antibiotics depending on the most probable diagnosis. However, both the misunderstanding of antibiotic prescription indications and improper knowledge about antibiotics is a contributing factor for the inappropriate use of antibiotics. Educational initiatives and continuous sustenance of knowledge are a preventing factor for unnecessary antibiotic prescriptions in the endodontic emergency treatments.

Keywords: Dental Awareness, Prescription, Antibiotic, Abscess, Education

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INTRODUCTION:

Common oral conditions require medication prescription especially, infections ⁽¹⁾. Dentists prescription of all antibiotics ranging from 7% to 11% ⁽²⁾, therefore their antibiotics prescriptions are an important aspect of dental practice. Antibiotic prescription is critical in dental work, as the dentist may not know what germs are responsible for the infection, as sampling the root canal or periapical region for bacterial sensitivity testing it is not the routine practice. Thus, based on clinical and bacterial epidemiological data, the micro-organisms accountable for infections can only be suspected according to local facilities, and treatment is usually a broad spectrum antibiotic which dentists prescribe it on a presumptive basis ⁽³⁾. For this reason, antibiotics contribute to the overwhelming majority of medications prescribed by dentists ⁽⁴⁾. Utilization of antibiotics as a supplement management of orofacial infections is an important therapeutic option once clinically indicated. Unfortunately, systemic antibiotic prescription is associated with unfavorable side effects ⁽⁵⁾. Inappropriate use of antibiotics may drive antibiotic resistance and misuses resources. Also, it can increase the risk of potentially fatal reactions and is exposing individuals to unnecessary side effects ranging from gastrointestinal upset to fatal anaphylactic shock ⁽⁶⁾. In addition, antibiotic prescription for common medical problems increases patient expectations for antibiotics, leading to a vicious cycle of increased prescribing in order to meet expectations of patients ⁽⁶⁾. The increasing resistance problems of recent years are probably related to over- or misuse of broad spectrum antibiotics such as penicillin, cephalosporins and fluoroquinolones ⁽⁷⁾. We have now entered an era where some bacterial species are resistant to the full range of antibiotics presently available, such as but not limited to, the methicillin-resistant *Staphylococcus aureus* being the most widely known example of extensive resistance bacteria ⁽⁴⁾. These serious complications associated with antibiotics use have encouraged studies investigating antibiotic prescribing practices of dentists ^(8-11, 12-14). In developed countries, surveys about general dental practitioners' prescribing habits have raised awareness of the quality of prescriptions of antibiotics ⁽¹⁵⁾. Whilst some surveys have emphasized that dental prescriptions do not follow clinical guidelines, ⁽⁵⁾ other authors have concluded that there is a lack of scientific information about appropriate and efficient prescription of proper antibiotic ⁽¹⁶⁾. Moreover, changes in the dental pharmacotherapeutic field have been so rapid in recent years that necessitate the constant updating of dental practitioners' knowledge about new drugs, drug interactions, and useful therapeutic trends is necessary ⁽¹⁷⁾. To achieve these needs, it is

only possible with the help of continuing education programs, attending conferences, and reading various dental journals and dental magazines to gain appropriate knowledge on the use of drugs and their pharmacokinetics. Thus, lifelong learning in the subject following graduation is highly recommended. In Europe, several surveys have studied the pattern of antibiotic prescribing habits in the treatment of endodontic diseases and Amoxicillin was the first-choice antibiotic prescribed in endodontic infection in most of the surveys ^(18,19). Only in Turkey, it is reported that ampicillin was the first-choice antibiotic for endodontic infections ⁽²⁰⁾. In irreversible pulpitis, necrotic pulps and localized acute apical abscesses, antibiotics are unnecessary ⁽²¹⁾. A recent study evaluated the effects of systemic antibiotics provided with or without surgical intervention, with or without analgesics, for symptomatic apical periodontitis or acute apical abscess in adults in a recent Cochrane review and they concluded that there was very low-quality evidence, which was insufficient to determine the effects of systemic antibiotics in adults with symptomatic apical periodontitis or acute apical abscess ⁽⁶⁾. The risk of adverse effects following systemic application and the ineffectiveness of systemic antibiotics in some pulpal and periapical conditions has led to the use of locally applied antibiotics in root canal treatment, that is within the canal system ⁽²²⁾. However, antibiotics do not reduce the pain or swelling arising from teeth with symptomatic apical pathosis ^(6, 16). beside routine endodontic therapeutic procedures, there are other strategies may be needed in patients presented with abscess formation. In these patients, the primary aim should be toward drainage of the abscess ⁽²²⁾. If the abscess was recognized to be discrete and localized swelling, drainage only is considered sufficient without introducing additional medication ⁽²³⁾. Topical antibiotic application for replantation of avulsed tooth is also advocated to enhance healing. Moreover, the use of topical antibiotics has been reported to be more beneficial compared with systemic antibiotics in cases presented with avulsed tooth ⁽²⁴⁾. Current Guidelines recommend systemic antibiotic therapy for patients going replantation of avulsed permanent tooth ⁽²⁴⁾.

METHODS:

We have conducted a descriptive cross-sectional study among dentistry trainee and dentists of all degrees in Riyadh city, Saudi Arabia. The study conducted through nine months duration from August to December (2019). We conducted the study among dentistry trainee including dentistry students and interns, dentist graduates, dentists with master or diploma, and dentists with PhD degree. The total sample obtained was 243. The questionnaire requires information about antibiotic

prescription habits, knowledge of preventive majors for dental infection, and followed approaches in dental emergencies. Data collected through distribution of questionnaire online by Arabic language to overcome the language barrier. The questionnaire consisted of four parts: first part included demographic information, and there was no personal information required to insure confidentiality of participants, second part included different scenarios about dental cases and asked participants whether if they prescribed antibiotics for them or not, second part included scenarios about dental emergencies and asked participants which treatment approach they will follow, third part included the mostly preferred antibiotic they prescribe to patients and perceived factors that affect the course (duration) of antibiotic, fourth part included questions about participant's communication and education among and their knowledge about preventive majors of dental infection. The page top contains a clarification to participants of the study and asking their consent to complete the questionnaire. The participants filled the questionnaire online and resent it again to the researcher. Collected data verified and coded before its entry to Statistical Package for the Social Science (SPSS). The questionnaire responses were analyzed using the Statistical Package for the Social Science (SPSS Inc. Chicago, IL, USA) version 23. Categorical variables were described by frequencies and percentages and Chi-Square tests used to test the significance of association between categorical variables. The level of significance was set at $P < 0.05$.

RESULTS:

Table 1 shows general characteristics of the participants. Participants were classified into four categories by age: from 20 to 24 years (30.9%), from 25 to 30 years (53.9%), from 31 to 35 years (8.6%) and above 35 years (6.6%). More than half of participants were Dental graduates (56.4%), (37%) were students and Interns, (6.2%) were with Master/ Diploma and only one of them with PhD (.4%). For the duration in clinical practice in dentistry, nearly (40%) of participants were in the clinical practice for less than three years, (23.1%) of them for more than three years, and the remaining were either Student or Intern, (21%) and (16%) respectively.

Table 2 shows frequency of practicing antibiotic habits and scenarios participants would prescribe the antibiotic for it and recognized indications for antibiotic prescription from participants preview. The majority of participants prescribed antibiotic for acute apical abscess (72.8%) and it is the mostly agreed case as to prescribe antibiotic to treat it, on the other hand, on the other hand, less than half of participants (45.7%) prescribed antibiotics

for acute apical abscess without systemic involvement, nearly two thirds (65.4%) of participants prescribed antibiotic for medically compromised patient after tooth extraction, (60.2%) of them prescribed antibiotic for acute necrotizing ulcerative gingivitis (ANUG), (57.6%) of them agreed prescribing antibiotic is the first choice for a patient came with (pericoronitis) with systemic involvement (trismus), less than half of participants (45.7) were prescribed antibiotic for symptomatic apical periodontitis, also less than half of them (45.7) were prescribed antibiotic after replantation of avulsed tooth, nearly (40%) of them agreed to that antibiotics is required and is the best choice for treatment and improvement for a patient with chronic apical abscess, and about (34.2%) were prescribed antibiotics for dry socket. The least number of cases were prescribed antibiotics as follow: symptomatic irreversible pulpitis (27.2%), oral cavity infection by herpes simplex virus (19.8%), and patient planned for multiple visits for root canal treatment (11.5%).

Table 3 shows the emergency treatment approaches participants will follow in different dental emergency scenarios. For a patient presented with the acute apical abscess, the majority of dentists (64.3%) will prescribe antibiotics with drainage, few of them either will give antibiotics if no drainage needed (18.9) or gives antibiotics only (11.9), few of dentists did not know what to do (4.9%). For a patient presented with oral infection with the diffuse facial swelling, nearly half of dentists (51%) will prescribe antibiotics with drainage (27.6%) of them will give antibiotics only (15.6%) of them will give antibiotics if drainage needed, and few of them (6.2%) did not know what to do. The emergency treatment approach participants will be followed in case of a patient presented with necrotic pulp with symptomatic apical periodontitis were as follow: more than half of dentists (53.1%) will prescribe analgesia with operative intervention, about (34.2%) will prescribe antibiotics and analgesia with operative intervention, and few of them will either give antibiotics and analgesia together (7.4%) or did not know what to do (5.3%).

Figure 1 shows the commonly preferred antibiotics prescribed for therapeutic reasons. The most commonly preferred antibiotic was amoxicillin (54.3%), followed by Augmentin (amoxicillin and clavulanic acid) (30.5%), and less preferred antibiotics were as follow: penicillin (5.3%), metronidazole (2.5%), clindamycin (1.8%), ampicillin (.8%), erythromycin (.8%) and (4.5%) have no preferable antibiotics.

Figure 2 shows perceived factors that participants think it affects the course of the antibiotic prescribed for a patient. The majority of participants said that the type of antibiotic, the type of infection (localized/spreading), and clinical

improvement of the patient together are factors affect and determine the course of the antibiotic prescribed for the patient (11.1%) of them claimed that, it is the type of infection (localized/spreading) (10.3%) of them said it is the type of antibiotic that affects the course of the antibiotic, and only (7%) of them did not know what affects the course of the antibiotic that will be prescribed for the patient.

Table 4 shows participants knowledge about preventive measure against oral infection. The majority of participants (86%) knew that oral hygiene measures play a major role against oral microbial infection and it is functioning as antimicrobial. In the same context, regarding orofacial infection (72%) them agreed to that elimination of the source of infection with using the proper type of antibiotic and oral hygiene measures will prevent recurrence of orofacial infection. Nearly a fifth of participants (21%) agreed only elimination of the source of infection would prevent recurrence of orofacial infection (4.6%) of them agreed only using the proper type of antibiotic will prevent recurrence of orofacial infection, and (1.6%) of them agreed to that only oral hygiene will prevent recurrence of orofacial infection.

Table 5 shows participants education about antibiotics and their knowledge for antibiotic resistance, and their communication with pharmacy and their patients regarding antibiotics. Attitude toward attending educational hours about antibiotics was low. More than two-thirds of participants (68.3%) did not participate in educational hours about antibiotics while nearly (71%) of them read about antibiotic resistance. (78.2%) Of participants have a clinic and prescribe antibiotics (46.3%) of those who have a clinic have direct contact with pharmacy and they contact them, while (56.7%) did not. Almost all participants (97.1%) guided their patients to complete their antibiotic course (duration and dose) during prescription of antibiotics.

Table 6 shows significant relations of antibiotics prescription habits and communication with pharmacy among age groups. There was a significant negative relation between age and prescription of the antibiotic for acute necrotizing ulcerative gingivitis (ANUG). The younger the age, the higher prescription of the antibiotic for acute necrotizing ulcerative gingivitis (ANUG). More than two-thirds from those who aged from 20 – 24

years (78.7%) were prescribed antibiotics for acute necrotizing ulcerative gingivitis (ANUG) and they were significantly more than other age groups ($p < 0.001$). More than half those who aged from 31 – 35 years (57.1%) were prescribed antibiotics for acute necrotizing ulcerative gingivitis (ANUG) and they were significantly more than other older groups older ($p < 0.001$). There was also a significant positive relation between age and prescription of the antibiotic for symptomatic apical periodontitis. The younger the age, the lower prescription of the antibiotic for symptomatic apical periodontitis. More than half those who aged above 35 years (56.2%) and those aged 31 – 35 years (57.1%) were prescribed antibiotics for symptomatic apical periodontitis and they were significantly higher than the youngest age groups who aged from 20 – 24 years (29.3%) and those who aged from 25 – 30 years (51.9%) ($p = 0.008$). Among those who have a clinic and taking a part of their work on a clinic, there was a significant relation between their ages and their contact to pharmacy. There was proportional relation as the older of them, the higher contact with pharmacy ($p < 0.001$). The groups that contact with pharmacy were as follow: from older to younger ages: those whom aged above 35 years (76.9%), those whom aged from 31 – 35 years (60%), those whom aged from 25 – 30 years (53.7%), those whom aged from 20 – 24 years (16.3%), ($p < 0.001$).

Table 7 shows Significant relations of commonly preferred antibiotics to prescribe among Education. There is one participant with PhD, and he did not what antibiotic he prefers to prescribe. The commonly preferred antibiotics were amoxicillin and Augmentin (amoxicillin + clavulanic acid). The most common antibiotic participants preferred to prescribe was amoxicillin. (55.6%) Of students and interns preferred to prescribe amoxicillin and (55.6%) of dental graduates preferred to prescribe amoxicillin, and they were significantly higher than dentists with the master/diploma which preferred to prescribe amoxicillin (40%), ($p < 0.001$). The second most common preferred antibiotic to prescribe was Augmentin (amoxicillin + clavulanic acid). (35%) Of dental graduates preferred to prescribe Augmentin and (33.3%) of dentists with masters/diploma preferred to prescribe Augmentin, and they were significantly higher than students and interns who preferred to prescribe Augmentin (23.4%), ($p < 0.001$).

Table 1: General characteristics

n=243

Character		
Age	From 20 to 24 (y) (n(%))	75 (30.9%)
	From 25 to 30 (y) (n(%))	131 (53.9%)
	From 31 to 35 (y) (n(%))	21 (8.6%)
	Above 35 (y) (n(%))	16 (6.6%)
Education	Student (n (%))	51 (21%)
	Intern (n (%))	39 (16%)
	Dental graduate (n (%))	137 (56.4%)
	Master/ Diploma	15 (6.2%)
	PhD	1 (.4%)
Clinical experience	Student (n (%))	51 (21%)
	Intern (n (%))	39 (16%)
	Dentist < 3 years (n (%))	97 (39.9%)
	Dentist > 3 years (n (%))	56 (23.1%)

Table-2: Antibiotic prescription habits and perceived indications for it

Question		Frequency	Percent
Do you prescribe Antibiotics for Dry Socket	Yes	83	34.2%
	No	160	65.8%
Do you prescribe Antibiotics for Acute Necrotizing Ulcerative Gingivitis (ANUG)	Yes	146	60.1%
	No	97	39.9%
Do you prescribe Antibiotics for Medically compromised patient after tooth Extraction	Yes	159	65.4%
	No	84	34.6%
Do you prescribe Antibiotics after Replantation of Avulsed tooth	Yes	111	45.7%
	No	132	54.3%
Do you prescribe Antibiotics for Symptomatic Irreversible pulpitis	Yes	66	27.2%
	No	177	72.8%
Do you prescribe Antibiotics for Symptomatic apical periodontitis	Yes	111	45.7%
	No	132	54.3%
Do you prescribe Antibiotics for Acute Apical Abscess	Yes	177	72.8%
	No	66	27.2%
Do you prescribe Antibiotics for Acute Apical Abscess with no systemic involvement	Yes	111	45.7%
	No	132	54.3%
Do you prescribe Antibiotics for a patient with oral infection by Herpes Simplex Virus (HSV)	Yes	48	19.8%
	No	195	80.2%
Chronic apical abscess requires Antibiotics for improvement and is the choice of treatment Healing?	True	98	40.3%
	False	145	59.7%
Normally multiple visits are required for root canal treatment (RCT), would you prescribe Antibiotics between appointments	Yes	28	11.5%
	No	215	88.5%
If a patient came with (pericoronitis) with systemic involvement (trismus), will you use Antibiotics as first choice	Yes	140	57.6%
	No	103	42.4%

Table-3: Treatment approaches for deffirintemergency dentalproblems

Character	Frequency	%
Which of the following is your emergency treatment approach for Acute apical abscess case?		
Antibiotics only	29	(11.9%)
Antibiotics only if no drainage needed	46	(18.9%)
Drainage + antibiotics	156	(64.3%)
I do not know	12	(4.9%)
Which of following is your emergency treatment approach for oral infection with diffuse facial swelling?		
Antibiotics only	66	(27.2%)
Antibiotics only if no drainage needed	38	(15.6%)
Drainage + antibiotics	124	(51%)
I do not know	15	(6.2%)
Which of following is your emergency treatment approach for necrotic pulp with symptomatic apical periodontitis?		
Antibiotics + Analgesics	18	(7.4%)
Operative intervention + Analgesics	129	(53.1%)
Antibiotics + Analgesics + operative intervention	83	(34.2%)
I do not know	13	(5.3%)

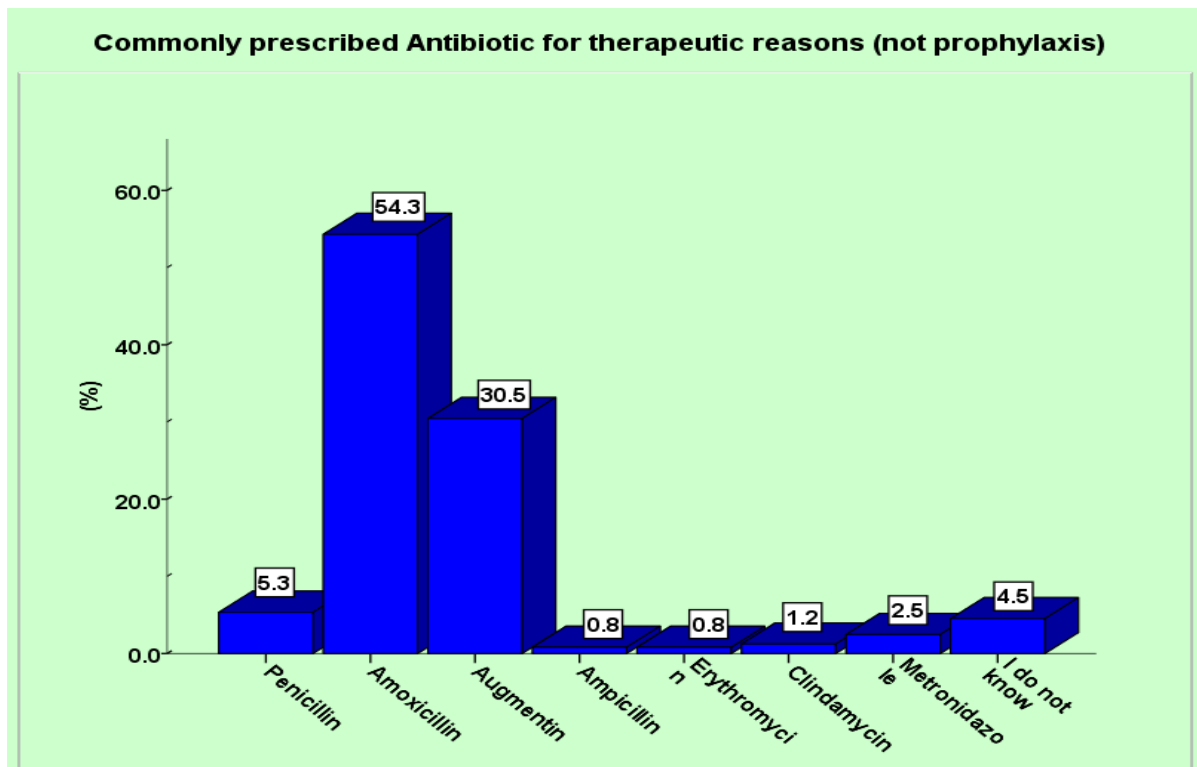
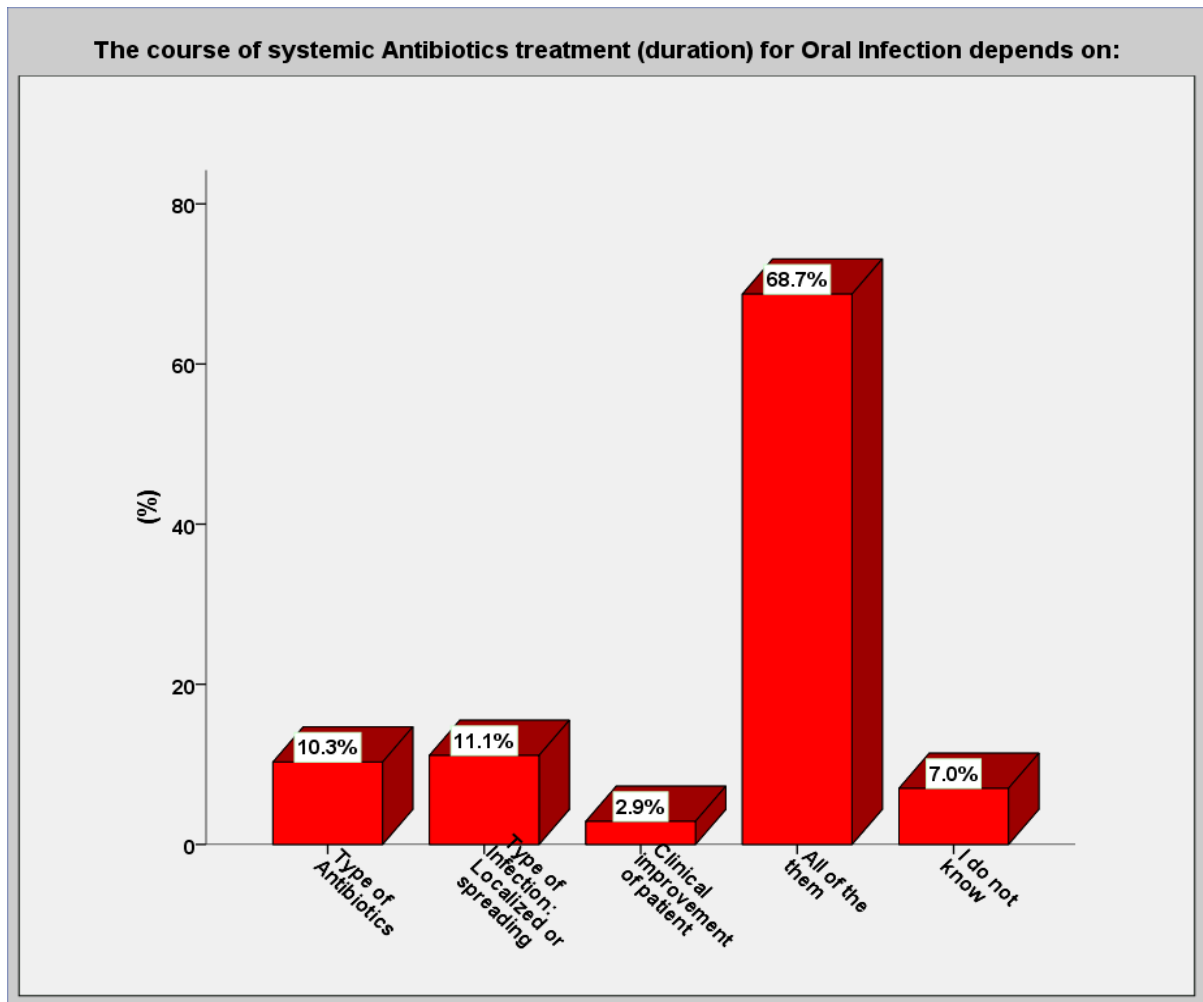
Figure-1: Commonly preferred antibiotics to prescribe

Figure-2: Perceived determinants and effecting factors for the course of antibiotics:**Table-4:** Knowledge preventive measures of dental infection

Character	Frequency	%
Oral Hygiene measures play major role against oral microbial infections as it is functioning as an antimicrobial?		
True	209	(86%)
False	34	(14%)
To prevent recurrence of Orofacial Infection?		
Eliminate the source of infection only	53	(21.8%)
Use correct type of Antibiotics only	11	(4.6%)
Oral hygiene measures only	4	(1.6%)
All of the above	175	(72%)

Table-5: Education about antibiotics and its resistant and participants Communication with pharmacy and patient about it

Character	Frequency	%
Have you ever been participated in any educational hours about Antibiotics?		
Yes	77	(31.7%)
No	166	(68.3%)
Do you read about Antibiotics resistance?		
Yes	172	(70.8%)
No	71	(29.2%)
Do you Have direct contact with Pharmacy in your clinic regarding antibiotics? And do you contact them?		
Have no clinic/prescription	53	(21.8%)
Have a clinic	190	(78.2%)
Have clinic (n=190)	Yes	88 (46.3%)
	No	102 (56.7%)
Do you tell your patient to complete his/her Antibiotics course (duration and Dose)?		
Yes	236	(97.1%)
No	7	(2.9%)

Table-6: Significant relations of antibiotics prescription habits and communication with pharmacy among age groups

Character	Age groups			
	20 – 24 years n=75	25-30 years n=131	31-35 years n=21	Above 35 years n=16
Do you prescribe Antibiotics for Acute Necrotizing Ulcerative Gingivitis (ANUG)?				
Yes	78.7%	53.4%	57.1%	31.3%
No	21.3%	46.6%	42.9%	68.8%
(P < 0.001)				
Do you prescribe Antibiotics for Symptomatic apical periodontitis?				
Yes	29.3%	51.9%	57.1%	56.2%
No	70.7	48.1%	42.9%	43.8%
(P = 0.008)				
Do you Have direct contact with Pharmacy in your clinic?				
No clinic/ prescription	34.7%	17.6%	4.8%	18.8%
Have a clinic	65.3%	82.4%	95.2%	81.2%
Have a clinic(n=190)	n=49	n=108	n=20	n=13
Yes	(16.3%)	(53.7%)	(60%)	(76.9%)
No	(83.7%)	(46.3%)	(40%)	(23.1%)
(P < 0.001)				

Table-7: Significant relations of commonly preferred antibiotics to prescribe among Education

Character	Age groups			
	Student/ Intern n=90	Dental graduate n=137	Master/ Diploma n=15	PhD n=1
Which antibiotic do you prescribe most often for therapeutic reasons (not prophylaxis)?				
Penicillin	7.8%	4.4%	0%	0%
Amoxicillin	55.6%	55.5%	40%	0%
Amoxicillin + clavulanic acid (Augmentin)	23.4%	35%	33.3%	0%
Ampicillin	1.1%	.7%	0%	0%
Erythromycin	1.1%	0%	6.7%	0%
Clindamycin	1.1%	0%	13.3%	0%
Metronidazole	3.3%	2.2%	0%	0%
Do not know	6.6%	2.2%	6.7%	100%

(P < 0.001)**DISCUSSION:**

Nonindicated clinical cases for antibiotic use include acute periapical infection, dry socket, and pulpitis⁽¹²⁾. Chronic inflammatory periodontal conditions are also not indicated for antibiotics; systemic antimicrobials should only be used in acute periodontal conditions where drainage or debridement is impossible, where there is local spread of the infection or where systemic upset has occurred⁽¹⁰⁾. Data reported from different countries reported differences in dentists' knowledge of clinical situations indicated for antibiotics. Almost half or more of the dentists investigated in England⁽⁸⁾, Kuwait⁽¹²⁾, and Turkey⁽¹⁹⁾ would prescribe antibiotic for dry socket. In the current study, nearly fifth of participants were prescribed antibiotic for symptomatic irreversible pulpitis (27.2%). There are studies done among the world and showed quit lower results as few of dentists prescribed antibiotics for irreversible pulpitis. A study done in Turkey in 2013 reported a result of (6.1%)⁽¹⁹⁾, another study in United States also reported lower results (16.8%)⁽²⁵⁾, and a study done in Belgium reported (4.3%)⁽¹⁵⁾. Another study done in Spain reported relatively higher result (40%)⁽¹⁸⁾. Generally, the most commonly prescribed antibiotic by dentists in dental practice was Penicillin^(13,14), and the most popular one being amoxicillin^(8,9,13). In this study, the mostly preferred antibiotic participants prescribe was amoxicillin (54.3%), followed by Augmentin (amoxicillin + clavulanic acid) (30.5%). In the Turkish study, it showed lower results of amoxicillin (46.5%) and higher results for Augmentin (61.8%)⁽¹⁹⁾. In other studies, the result for Augmentin differed from our findings, a study in United states reported lower results (3.1%) of participants prescribe Augmentin⁽²⁶⁾ and another

study in Belgium reported (22.1%)⁽¹⁵⁾. And for the study that done in Spain, it was (44.3%) of participants prescribe Augmentin⁽¹⁸⁾. In the current study, (72.8%) prescribed antibiotic for the acute apical abscess and this result increased to (64%) if it was associated with drainage. A study done in Norway reported (62%) of their participants occasionally prescribe such antibiotics to patients suffering from abscesses without symptoms. The study that done in Turkey showed lower results, it showed that (41%) of participants prescribed antibiotics only for the acute apical abscess, and if there was drainage, then this rate rose to (44.6%)⁽¹⁹⁾. In the current study (7.4%) of participants preferred to treat necrotic pulp with symptomatic apical periodontitis by antibiotics and analgesics together. The study that done in Turkey reported higher results as (21.7%) of their participants preferred to treat acute apical periodontitis by analgesics and antibiotics⁽¹⁹⁾. A study done in Norway reported that (48%) of participants advised antibiotics when treating periodontitis without the use of surgery. (44%) reported using antibiotics when surgery was part of the treatment⁽¹¹⁾. We reported that (19.8%) of participants prescribed antibiotic for Herpes Simplex Virus (HSV), while nearly similar result reported in a study done in Norway, about (20%)⁽¹¹⁾.

In conclusion, dentists tend to prescribe broad spectrum antibiotics depending on the probability and most likely diagnosis. Also, the misconception of indications for antibiotic prescription and low knowledge about antibiotics contribute in the misuse and in improper use of antibiotics. Prescribing practices of dentists can be improved by increasing awareness among dental practitioners of the recommended guidelines.

Educational initiatives and continuous refreshment of knowledge may prevent unnecessary prescription in endodontic emergency treatments. Furthermore, the importance of initiating awareness programs among the general public should not be overlooked.

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