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Research Article

MEASURE THE LEGITIMACY OF THE ULTRASOUND-ESTIMATED OPTIC NERVE SHEATH DIAMETER FOR AUGMENTED INTRACRANIAL PRESSURE¹Dr Zarbakhat, ²Ahmad Mukhtar, ³Dr Umair Muhammad Afzal¹DHQ Hospital Rajanpor²Reliever Medical Officer, BHUs of Lahore³Medical Officer in Cadet College Batrasi

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Abstract:

Introduction: The Optic Nerve Sheath Diameter through using visual ultrasound is gradually being used today as the non-invasive method to recognize high intracranial weight. Researchers led the cross-sectional and observational examination to verify their legitimacy, its ideal boundary and its ability to change between observers in our ICU cases.

Methods: Adult cases admitted to the ICU throughout the 6-month interim period (March 2018-August 2018) were selected for survey. Standards for avoidance were: unexpected breathing, proximity to hyperthyroidism, optic nerve cancer, neuritis, glaucoma, and orbital rupture. Cases remained separated into 2 sets. Set I - those who had expanded ICP clinically or based on radiological findings. Gang II - cases with not any evidence of increased PIC. A direct test with a recurrence of 14-8 MHz, Sonosite TM USA, was used to quantify NDON by two experienced, blinded examiners. The average of three readings was taken. All information remained accumulated and decomposed by applying the suitable measurable trials.

Results: The overall 124 cases were selected and 110 accomplished investigation; 68 in Set I and 38 in Set II. The mean NDON in two groups was 0.63 ± 0.08 cm versus 0.477 ± 0.044 ($p < 0.002$); and 0.63 ± 0.08 versus 0.48 ± 0.043 ($p < 0.002$) justified and the left eye separately. Fluctuation between viewers was non-significant, affectability was 88.46%, explicitly 95.56%, positive preciousness value 96.84%, negative preciousness value 83.86% where 6.0 mm was taken as the cut-off.

Conclusion: Bedside ONSD estimated through ultrasound is the decent screening device to distinguish high intracranial weight in intrusively ventilated ICU cases.

Key words: Intracranial pressure; Monitoring; Noninvasive method; Ultrasound; Optic nerve sheath diameter.

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INTRODUCTION:

Patients admitted to the emergency department may have a high intracranial weight (ICP); the different etiologies were head damage, stroke, meningoencephalitis, liver deception, metabolic encephalopathy, eclampsia, hanging or suffocation, etc [1]. Through triggering neurological abuse, intracranial hypertension causes enlarged fatigue, death and deprived neurological result. Subsequently, its initial analysis and brief treatment are of fundamental reputation. PCI control is considered to be of the highest quality, but it has some drawbacks, such as the risk of leakage, contamination and blockage [2]. For this reason, there is an unequivocal requirement for non-invasive CIP control techniques. Despite the fact that few procedures are accessible, ultrasonographic estimation of optic nerve sheath width has been critically acclaimed for years [3]. Points of interest include bedside accessibility, non-invasiveness, strength, low cost, and the ability to reuse it at any time. A written survey has uncovered examinations indicating a link between elevated ICP and optic nerve sheath width, but the majority of the surveys are small and focus on patients with head trauma. In light of the above findings, this investigation has been organized with the theory that patients determined to have medically or radiologically extensive ICP will have extensive NSDO [4]. The primary goal remained to measure the legitimacy of the ultrasound-estimated NDNO for augmented PIC. Optional destinations were to recognize between the inconsistency of the spectators and to find out the estimate of the ideal limit of the NDNO to distinguish high PIC. The optic nerve sheath remains in direct correspondence with the intracranial subarachnoid space. It is this relationship that structures the physiological reason for by means of optic nerve sheath as the surrogate for the estimation of intracranial weight. The anatomical connections that support usage of ultrasound to quantify ONSD might remain quickly refreshed on MRI [5].

METHODOLOGY:

Adult patients admitted to our ICU during the six-month interim period (March 2018-August 2018) were selected for the survey. Criteria for avoidance were: unexpected breathing, proximity to hyperthyroidism, optic nerve tumor, neuritis, glaucoma, and orbital rupture. Patients were

separated into two groups. Group I - those who had expanded ICP clinically or based on radiological findings. Group II - patients with no evidence of increased PIC. A direct test with a recurrence of 14-8 MHz, Sonosite TM USA, was used to quantify NDON by two experienced, blinded examiners. Legal guardians of the patients gave their informed consent and compounded to cooperate with the examination. A detailed clinical history and signs of intensive care stay were obtained. A comprehensive general and fundamental assessment was performed. The perfect patient load was taken by estimating the patient's stature. Daily practice as well as single examinations, e.g. CT filter, MRI were checked. Patients were separated into two groups, group 1 and group 2, according to the proximity or absence of high ICP. Clinical signs and side effects, e.g., brain pain, illness, vomiting, adjusted sensorium or findings in the computerized tomography (CT) filter or magnetic resonance imaging (MRI), as described through the radiologist through extra than several years of involvement in the field, were reminiscent of intracranial hypertension. The size of the test was determined by taking into account everything that is considered to be a 6% hazard, with a power of at least 85% and an immensity level of 6% (remarkable at a 96% certainty level) for the essential objective. In the case where the true relative hazard of deception for trial subjects was 0.56, this was assessed that the research of 86 exploratory subjects would be able to reject the invalid theory that this comparative danger is close to 2 through a possibility (control) of 0.9. The probability of a Type I blunder related to this invalid speculation test is 0.06.

Factual investigation:

Non-stop factors are introduced as mean \pm SD and consideration is given to using the lining t-test. All information is reported as recurrence and rate and consideration is given to using the chi-square test. Affectability, peculiarity, positive prescience value and negative prescience incentive and 96% provisional certainty were determined. The Bury and Intra-eyewitness fluctuation was decomposed using Cohen's kappa coefficient. The Beneficiary Working Mark (BWM) elbow was produced to decide on the estimate of the ideal NDSB threshold. All information was examined using variant 23 of the SPSS software, and $p < 0.06$ was considered to be large and measurable.

Table 1: Demographic profile of cases:

Limitation	Set-1 (n=40)	Set-2 (n=40)
Age	50 ± 10 (40 - 50)	48 ± 10(38 - 58)
Sex (man/woman)	52/45 (52%/ 45%)	48/55 (48%/ 55%)
Weight	72 ± 5 (67-77)	60 ± 4 (56-64)
Height	160 ± 10 (150-170)	164 ± 10 (154-174)

RESULTS:

The overall 120 cases were selected and 105 accomplished examination; 68 in set 1 and 36 in set 2. The statistical profile and case dispersion are presented in Tables 1 and 2. Here was not any substantial distinction in the imperative symbols recorded (Table 3). There remained a substantial and measurable rise in ONSD in the right eye (0.63 ± 0.068 cm) and in the left eye (0.63 ± 0.08 cm) in cases having neurological manifestations (Group 1), as opposed to ONSD in the right eye and in the left eye (0.48 ± 0.05 cm, $p < 0.002$) in cases without signs of elevated ICP (Set 2) (Table 4). After dissecting outcomes through Cohen's Kappa coefficient for variability between the ocular

controls, there was decent comprehension quality for ultrasound at a depth of 3 mm ($K=0.84$). Affectability remained 87.47%, peculiarity was 94.55%, positive preciousness was 96.83%, negative preciousness was 83.86% where 6.0 mm was taken as the cut-off. The higher ONSD values appropriately anticipated unambiguous neurological side effects (area below the elbow ROC 0.954 and intermediate 95% certainty were 0.913 and 0.996) (Table 5, Figure 1). A threshold of 0.51 cm anticipated positive neurological side effects with 94% affectability and 87% explicitness (Table 6). The ONSD charts for group 1 and group 2 are shown separately in Figures 3 and 4.

Table 2: Delivery of cases as per diagnosis in both sets:

Diagnosis	Percentage (N)
Polytrauma	8 (8)
Eclampsia	20 (20)
Poisoning	30 (30)
Surgical patients	30 (30)

Table 3: Optic nerve sheath diameter in two sets. Measurements made by two viewers in both eyes:

Eyes	Observers	Set-1	Set-2	P-value
Right Eye	1st observer	0.471 ± 0.042	0.629 ± 0.070	< 0.002
	2nd observer	0.476 ± 0.040	0.629 ± 0.067	
Left Eye	1st observer	0.473 ± 0.044	0.624 ± 0.071	< 0.002
	2nd observer	0.476 ± 0.043	0.626 ± 0.070	

DISCUSSION:

The usage of ultrasound to quantify the distance of the optic nerve sheath through was defined in research for past 10 years. Elevated ICP is transmitted concluded the subarachnoid space to the optic nerve sheath, causing it to distend [6]. This happens quickly, which now makes ultrasound scanning of the optic nerve very useful for early identification of the intense height of ICP. In our review, we found a strong relationship between elevated ICP and the ONSD measured through visual ultrasound [7]. The standards for elevated PIC were proximity to clinical highlights and in addition radiological results. The intraventricular catheter, the highest quality level for verification of ICP remained not used for correlation since we had a heterogeneous grouping of patients, e.g., eclampsia, hepatic encephalopathy and it was not insightful to wander obstructive observation in them [8]. In

addition, previous surveys have undoubtedly reported that the NDSO has a strong connection with intrusively estimated ICP. Non-intrusively estimated ICP is significant in ICU cases. They would be screened for intracranial hypertension and the prerequisite is best met through the non-invasive method [9]. Visual ultrasound is effectively accessible in many settings and is the ideal instrument. It should never be considered as an alternative or substitute for an intrusive strategy in light of the fact that both have various signs and pitfalls [10].

CONCLUSION:

The researchers conclude that the NDSO estimated through visual ultrasound offers the decent and useful technique for distinguishing elevated ICP in intubated and ventilated patients. It helps to recognize brain abuse, screen for neurological

status, control the treatment system and predict visualization. Further research, involving a considerable number of patients, is needed to verify its legitimacy and usefulness, so that this procedure, which is effectively accessible, can be used all the more appropriately.

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